

No Bake Cookies (S)

Pearl Chats: "A yummy and simple version of those sweet, peanut buttery, impossibly good cookies your aunt brings to the family reunion. Well, perhaps your aunt doesn't, but my husband's aunt does. And while nothing can compare with those, my daughter Meadow came up with this simple but healthy substitute." This recipe is found in the "Brownies and Cookies" section of the [Trim Healthy Mama Cookbook](#), page 316.

Makes about 18 cookies

INGREDIENTS:

- 1/2 cup extra virgin coconut oil (refined, tasteless kind, if preferred)
- 2 cups unsweetened coconut flakes (we prefer big flakes for this)
- 6 Tbs [TH Peanut Flour](#)
- 1/4 cup unsweetened cocoa powder
- 2 Tbs natural peanut butter (sugar-free)
- 4 tsp [TH Super Sweet Blend](#)
- (4-5 tsp, ground in a coffee grinder, or 10 teaspoons of TH Gentle Sweet)
- 4 pinches [TH Mineral Salt](#)



DIRECTIONS:

1. Warm the coconut oil to liquid if it is solid, then combine with the remaining ingredients in a large bowl.
2. Scoop out rounded tablespoons of the mixture and mound them on a parchment-lined baking sheet.
3. Freeze until solid.

A TRIM HEALTHY EXPERIENCE